



RECREATIONAL

PERFORMANCE PATH

AGES 8-18

The Performance Path is designed for dancers who want to continue growing their skills while enjoying dance in a fun, encouraging, and flexible environment. Dancers build strong technical foundations through core classes while having the opportunity to personalize their training with elective and enhancement classes.

Please Note: Elective and enhancement classes are listed in order of recommendation based on the progression of skills and how they best complement a dancer's overall training.

RECOMMENDED CORE TECHNIQUE CLASSES

All Performance Path dancers are encouraged to build a well-rounded technical foundation through these classes:

- **Tap Technique**
- **Jazz Technique**
- **Ballet Technique**

ELECTIVE CLASSES

Elective classes allow dancers to expand their training, develop versatility, and explore additional dance styles.

- **Hip-Hop**
No prerequisite required.
- **Lyrical**
Prerequisite: Completion of 1-2 year of Ballet Technique depending on age/level or concurrent enrollment in Ballet Technique
- **Contemporary**
Prerequisite: Completion of 3 years of Ballet Technique, at least 1 year of Lyrical, and concurrent enrollment in Ballet Technique.

ENHANCEMENT CLASSES

Enhancement classes are non-recital-based classes designed to help dancers improve strength, flexibility, technical execution, and overall performance quality.

- **Flexibility, Strength & Conditioning**
- **Leaps, Turns & Technique**
(Concurrent enrollment in Jazz & Ballet Technique)
- **Acro & Specialized Tricks**
(Class placement is determined by an instructor evaluation at the start of the season.)

Note: Enhancement classes are designed to be taken in addition to core technique classes. If you are not enrolled in a core class you will not be allowed to enroll in an enhancement class.

CLASS SELECTIONS: [Class Enrollment Form](#)

This form is intended for registered students only. Once your registration has been confirmed, please complete this form to select your classes. See page 2 for the schedule of class options in the Performance Path.

Please select classes based on the age your child will be November 1. For any class placement questions, please email the studio.



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STUDIO A				STUDIO B			STUDIO C		
MON	TIME	AGE	CLASS / LEVEL	TIME	AGE	CLASS / LEVEL	TIME	AGE	CLASS / LEVEL
				5:00-6:00	8+	Flexibility/Strength/Conditioning			
				6:00-6:45	7+	Lyrical I (Pre-Req)	6:00-7:00	9+	Lyrical II (Pre-Req)
	6:45-7:45	8+	Hip-Hop I	7:00-8:00	11+	Flexibility/Strength/Conditioning	7:00-8:00	13+	Contemporary / Lyrical Fusion II (Pre-Req)
	7:45-8:45	10+	Hip-Hop II	8:00-9:00	13+	Flexibility/Strength/Conditioning	8:00-9:00	11+	Contemporary / Lyrical Fusion I (Pre-Req)
TUES									
				6:00-6:45	8+	Jazz I			
				6:45-7:30	8+	Tap I	6:30-7:30	10+	Jazz II
	7:15-8:15	8+	Leaps/Turns/Technique I				7:30-8:30	12+	Jazz III
							8:30-9:30	12+	Hip-Hop III
WED									
	6:30-7:15	8+	Jazz I				7:30-8:15	11+	Pointe (Teacher Eval)
	7:15-8:15	8+	Ballet Tech I	7:15-8:15	11+	Leaps/Turns/Technique II			
	8:15-9:15	11+	Ballet Tech II						
THURS	5:00-6:00	8+	Hip-Hop I (ADDED CLASS)						
				6:00-7:00		Acro / Specialty Tricks (Teacher Eval)			
				7:00-8:00		Acro / Specialty Tricks (Teacher Eval)			
				8:00-9:00		Acro / Specialty Tricks (Teacher Eval)			
FRI									
SAT									
				10:00-11:00		Acro/Flexibility/Conditioning (Teacher Eval)			